

Prueba 2
15/02/2025

800m Libre

20 - 89 años
Resultados

Puntos: AQUA 2024

Clasificación

AN

Tiempo

Pts

20+, Masc.

1.	RAMIREZ MORALES, Sergio C.	03	Cn.Fainagua C. Telde	9:14.01	502
	50m: 31.04 31.04 250m: 2:43.87 33.87 450m: 5:03.15 35.39 650m: 7:25.96 35.99				
	100m: 1:03.36 32.32 300m: 3:18.16 34.29 500m: 5:38.70 35.55 700m: 8:02.37 36.41				
	150m: 1:36.13 32.77 350m: 3:52.81 34.65 550m: 6:14.44 35.74 750m: 8:38.46 36.09				
	200m: 2:10.00 33.87 400m: 4:27.76 34.95 600m: 6:49.97 35.53 800m: 9:14.01 35.55				
2.	RIOS ROMERO, Joaquin	04	C.D. Nonadamos	10:07.07	381
	50m: 32.47 32.47 250m: 3:02.76 38.28 450m: 5:37.09 38.41 650m: 8:14.58 38.86				
	100m: 1:08.85 36.38 300m: 3:41.56 38.80 500m: 6:16.57 39.48 700m: 8:53.98 39.40				
	150m: 1:46.19 37.34 350m: 4:19.98 38.42 550m: 6:55.94 39.37 750m: 9:32.17 38.19				
	200m: 2:24.48 38.29 400m: 4:58.68 38.70 600m: 7:35.72 39.78 800m: 10:07.07 34.90				
3.	CABALLERO PEÑATE, Angel Jose	01	C.D. Jescagua	12:12.88	217
	50m: 38.24 38.24 250m: 3:36.49 45.68 450m: 6:45.68 47.59 650m: 9:54.54 46.93				
	100m: 1:20.68 42.44 300m: 4:23.36 46.87 500m: 7:32.91 47.23 700m: 10:41.70 47.16				
	150m: 2:05.27 44.59 350m: 5:10.57 47.21 550m: 8:19.94 47.03 750m: 11:27.66 45.96				
	200m: 2:50.81 45.54 400m: 5:58.09 47.52 600m: 9:07.61 47.67 800m: 12:12.88 45.22				
4.	GARCIA FALCON, Alvaro	01	Cn.Salinas Sta.Lucia	12:59.61	180
	50m: 38.39 38.39 250m: 3:50.12 49.02 450m: 7:11.15 51.73 650m: 10:33.23 51.82				
	100m: 1:25.07 46.68 300m: 4:39.67 49.55 500m: 8:00.70 49.55 700m: 11:24.47 51.24				
	150m: 2:13.11 48.04 350m: 5:28.96 49.29 550m: 8:50.62 49.92 750m: 12:15.17 50.70				
	200m: 3:01.10 47.99 400m: 6:19.42 50.46 600m: 9:41.41 50.79 800m: 12:59.61 44.44				

Baja OUBIÑA CORVALAN, Marcos A 05 Cn.Fainagua C. Telde

25+, Masc.

1.	RUIZ SEIJO, Brais	98	C.N. Vulcania Master	9:03.22	533
	50m: 29.35 29.35 250m: 2:41.77 34.33 450m: 5:00.00 34.35 650m: 7:20.37 34.95				
	100m: 1:01.17 31.82 300m: 3:16.08 34.31 500m: 5:35.07 35.07 700m: 7:55.48 35.11				
	150m: 1:33.72 32.55 350m: 3:50.76 34.68 550m: 6:10.25 35.18 750m: 8:30.66 35.18				
	200m: 2:07.44 33.72 400m: 4:25.65 34.89 600m: 6:45.42 35.17 800m: 9:03.22 32.56				
2.	CERPA CABALLERO, Jonay Salvador	99	C.N. Aguacan	9:15.28	499
	50m: 30.75 30.75 250m: 2:48.36 34.99 450m: 5:09.13 35.26 650m: 7:31.06 35.60				
	100m: 1:04.44 33.69 300m: 3:23.31 34.95 500m: 5:44.51 35.38 700m: 8:06.43 35.37				
	150m: 1:38.81 34.37 350m: 3:58.49 35.18 550m: 6:20.06 35.55 750m: 8:42.24 35.81				
	200m: 2:13.37 34.56 400m: 4:33.87 35.38 600m: 6:55.46 35.40 800m: 9:15.28 33.04				
3.	RODRIGUEZ MARTIN, Eric	98	C. Tenerife Masters	9:44.47	427
	50m: 32.75 32.75 250m: 2:56.23 36.35 450m: 5:22.58 36.31 650m: 7:51.32 37.73				
	100m: 1:07.71 34.96 300m: 3:32.97 36.74 500m: 5:59.26 36.68 700m: 8:29.49 38.17				
	150m: 1:43.50 35.79 350m: 4:09.67 36.70 550m: 6:35.88 36.62 750m: 9:06.20 36.71				
	200m: 2:19.88 36.38 400m: 4:46.27 36.60 600m: 7:13.59 37.71 800m: 9:44.47 38.27				
4.	ALVARADO RAMOS, Carlos	97	Cn.Salinas Sta.Lucia	11:16.99	275
	50m: 37.57 37.57 250m: 3:24.41 42.22 450m: 6:14.46 43.52 650m: 9:08.94 43.27				
	100m: 1:18.85 41.28 300m: 4:06.50 42.09 500m: 6:57.98 43.52 700m: 9:52.43 43.49				
	150m: 2:00.33 41.48 350m: 4:48.44 41.94 550m: 7:41.78 43.80 750m: 10:35.26 42.83				
	200m: 2:42.19 41.86 400m: 5:30.94 42.50 600m: 8:25.67 43.89 800m: 11:16.99 41.73				

Prueba 2, 800m Libre

35+, Masc.

1. LOPEZ DEL PINO, Miguel	89		Cn.Fainagua C. Telde				11:28.71	261
50m: 40.19	40.19	250m: 3:30.40	43.14	450m: 6:24.84	43.61	650m: 9:20.31	43.99	
100m: 1:22.11	41.92	300m: 4:13.76	43.36	500m: 7:08.75	43.91	700m: 10:04.47	44.16	
150m: 2:04.39	42.28	350m: 4:57.46	43.70	550m: 7:52.64	43.89	750m: 10:48.14	43.67	
200m: 2:47.26	42.87	400m: 5:41.23	43.77	600m: 8:36.32	43.68	800m: 11:28.71	40.57	

40+, Masc.

1.	HERNANDEZ ALONSO, Aitor				85	C.N. Vulcania Master				9:59.99	395	
	50m:	33.12	33.12	250m:	3:02.84	38.07	450m:	5:34.42	37.95	650m:	8:08.85	38.43
	100m:	1:09.51	36.39	300m:	3:40.68	37.84	500m:	6:13.02	38.60	700m:	8:47.06	38.21
	150m:	1:46.96	37.45	350m:	4:18.34	37.66	550m:	6:51.63	38.61	750m:	9:24.83	37.77
	200m:	2:24.77	37.81	400m:	4:56.47	38.13	600m:	7:30.42	38.79	800m:	9:59.99	35.16
2.	VAZQUEZ MORALES, Hector				82	C.N. Las Palmas				11:51.83	236	
	50m:	39.24	39.24	250m:	3:35.64	45.02	450m:	6:36.19	45.13	650m:	9:38.70	45.49
	100m:	1:21.88	42.64	300m:	4:20.86	45.22	500m:	7:21.62	45.43	700m:	10:24.42	45.72
	150m:	2:05.87	43.99	350m:	5:05.82	44.96	550m:	8:07.36	45.74	750m:	11:09.62	45.20
	200m:	2:50.62	44.75	400m:	5:51.06	45.24	600m:	8:53.21	45.85	800m:	11:51.83	42.21
3.	ARENCIBIA DE LA CRUZ, Alejandro				81	C.N. Aguacan				12:23.96	207	
	50m:	39.21	39.21	250m:	3:39.40	46.30	450m:	6:46.53	46.82	650m:	10:00.23	50.42
	100m:	1:22.08	42.87	300m:	4:26.53	47.13	500m:	7:33.37	46.84	700m:	10:48.55	48.32
	150m:	2:07.13	45.05	350m:	5:13.23	46.70	550m:	8:20.23	46.86	750m:	11:37.09	48.54
	200m:	2:53.10	45.97	400m:	5:59.71	46.48	600m:	9:09.81	49.58	800m:	12:23.96	46.87
4.	RICO DIAZ, Jose Luis				82	C.N. Metropole				12:59.27	180	
	50m:	41.13	41.13	250m:	4:01.25	50.17	450m:	7:20.83	49.53	650m:	10:36.99	48.79
	100m:	1:29.47	48.34	300m:	4:51.64	50.39	500m:	8:09.78	48.95	700m:	11:25.60	48.61
	150m:	2:20.59	51.12	350m:	5:41.21	49.57	550m:	8:58.82	49.04	750m:	12:13.66	48.06
	200m:	3:11.08	50.49	400m:	6:31.30	50.09	600m:	9:48.20	49.38	800m:	12:59.27	45.61
5.	MOSLER, Roman				81	C.N. Las Palmas				13:38.95	155	
	50m:	44.00	44.00	250m:	4:09.91	52.09	450m:	7:37.82	52.03	650m:	11:05.14	52.19
	100m:	1:34.92	50.92	300m:	5:02.74	52.83	500m:	8:29.47	51.65	700m:	11:58.16	53.02
	150m:	2:25.64	50.72	350m:	5:53.97	51.23	550m:	9:21.69	52.22	750m:	12:51.39	53.23
	200m:	3:17.82	52.18	400m:	6:45.79	51.82	600m:	10:12.95	51.26	800m:	13:38.95	47.56

45+, Masc.

1. ROJO ORTEGA, Daniel	80	C.N. Las Palmas	9:53.99	407
50m: 30.47 30.47	250m: 2:53.53 36.72	450m: 5:24.20 38.58	650m: 8:00.18 38.76	
100m: 1:04.49 34.02	300m: 3:30.48 36.95	500m: 6:03.13 38.93	700m: 8:38.88 38.70	
150m: 1:40.21 35.72	350m: 4:07.69 37.21	550m: 6:42.38 39.25	750m: 9:17.17 38.29	
200m: 2:16.81 36.60	400m: 4:45.62 37.93	600m: 7:21.42 39.04	800m: 9:53.99 36.82	
2. YANES HERNANDEZ, Victor	78	C.D. Belen Maria	10:37.10	330
50m: 35.51 35.51	250m: 3:12.82 39.89	450m: 5:55.32 40.47	650m: 8:37.20 40.50	
100m: 1:14.05 38.54	300m: 3:53.27 40.45	500m: 6:35.81 40.49	700m: 9:17.44 40.24	
150m: 1:53.43 39.38	350m: 4:34.03 40.76	550m: 7:15.89 40.08	750m: 9:57.88 40.44	
200m: 2:32.93 39.50	400m: 5:14.85 40.82	600m: 7:56.70 40.81	800m: 10:37.10 39.22	

Prueba 2, Masc., 800m Libre, 45+

Clasificación				AN				Tiempo				Pts
3.	MARTIN ALMEIDA, Luis A.			76	C.D. Belen Maria					11:49.60	239	
	50m:	37.78	37.78	250m:	3:32.71	45.48	450m:	6:33.75	45.21	650m:	9:36.84	45.55
	100m:	1:19.36	41.58	300m:	4:17.99	45.28	500m:	7:20.03	46.28	700m:	10:22.09	45.25
	150m:	2:02.80	43.44	350m:	5:03.55	45.56	550m:	8:05.50	45.47	750m:	11:07.42	45.33
	200m:	2:47.23	44.43	400m:	5:48.54	44.99	600m:	8:51.29	45.79	800m:	11:49.60	42.18
50+, Masc.												
1.	SUAREZ GUZMAN, Alexis Leon			75	C.D. Belen Maria					10:39.22	327	
	50m:	35.98	35.98	250m:	3:15.60	40.63	450m:	5:57.61	40.41	650m:	8:40.19	40.69
	100m:	1:14.89	38.91	300m:	3:56.04	40.44	500m:	6:38.66	41.05	700m:	9:20.65	40.46
	150m:	1:54.87	39.98	350m:	4:36.58	40.54	550m:	7:19.19	40.53	750m:	10:00.58	39.93
	200m:	2:34.97	40.10	400m:	5:17.20	40.62	600m:	7:59.50	40.31	800m:	10:39.22	38.64
2.	QUINTANA RODRIGUEZ, Alvaro			74	C. Tenerife Masters					10:48.01	314	
	50m:	36.87	36.87	250m:	3:15.69	40.56	450m:	5:59.07	40.81	650m:	8:44.75	41.28
	100m:	1:15.48	38.61	300m:	3:56.54	40.85	500m:	6:40.45	41.38	700m:	9:26.59	41.84
	150m:	1:55.37	39.89	350m:	4:37.33	40.79	550m:	7:21.96	41.51	750m:	10:08.08	41.49
	200m:	2:35.13	39.76	400m:	5:18.26	40.93	600m:	8:03.47	41.51	800m:	10:48.01	39.93
3.	FERNANDEZ SOSA, Juan Carlos			73	C.N. Las Palmas					11:01.42	295	
	50m:	36.53	36.53	250m:	3:17.95	41.44	450m:	6:05.26	41.67	650m:	8:56.22	43.21
	100m:	1:15.44	38.91	300m:	3:59.85	41.90	500m:	6:47.35	42.09	700m:	9:38.37	42.15
	150m:	1:55.54	40.10	350m:	4:41.54	41.69	550m:	7:29.68	42.33	750m:	10:21.03	42.66
	200m:	2:36.51	40.97	400m:	5:23.59	42.05	600m:	8:13.01	43.33	800m:	11:01.42	40.39
4.	COLINA GIRALDA, Raul			71	C.N. Las Palmas					11:27.47	263	
	50m:	37.36	37.36	250m:	3:25.83	43.01	450m:	6:20.67	43.23	650m:	9:18.75	44.48
	100m:	1:18.01	40.65	300m:	4:09.22	43.39	500m:	7:04.70	44.03	700m:	10:02.89	44.14
	150m:	2:00.14	42.13	350m:	4:53.09	43.87	550m:	7:48.21	43.51	750m:	10:47.95	45.06
	200m:	2:42.82	42.68	400m:	5:37.44	44.35	600m:	8:34.27	46.06	800m:	11:27.47	39.52
5.	MARTINEZ IBORT, David			71	C.N. Las Palmas					11:28.72	261	
	50m:	37.61	37.61	250m:	3:28.15	43.02	450m:	6:19.66	43.14	650m:	9:14.69	44.38
	100m:	1:19.02	41.41	300m:	4:11.17	43.02	500m:	7:03.42	43.76	700m:	9:59.36	44.67
	150m:	2:01.40	42.38	350m:	4:53.71	42.54	550m:	7:46.91	43.49	750m:	10:44.37	45.01
	200m:	2:45.13	43.73	400m:	5:36.52	42.81	600m:	8:30.31	43.40	800m:	11:28.72	44.35
6.	GIL HENRIQUEZ, Jorge Juan			72	C.N. Las Palmas					11:48.13	240	
	50m:	39.49	39.49	250m:	3:34.96	45.23	450m:	6:36.03	44.91	650m:	9:38.42	45.80
	100m:	1:21.98	42.49	300m:	4:20.57	45.61	500m:	7:21.52	45.49	700m:	10:23.44	45.02
	150m:	2:05.10	43.12	350m:	5:05.91	45.34	550m:	8:07.28	45.76	750m:	11:09.13	45.69
	200m:	2:49.73	44.63	400m:	5:51.12	45.21	600m:	8:52.62	45.34	800m:	11:48.13	39.00
7.	GUTIERREZ ROMERO, Rolando Jorge			75	Cn.Salinas Sta.Lucia					14:16.77	135	
	50m:	46.70	46.70	250m:	4:15.66	53.39	450m:	7:55.12	55.04	650m:	11:40.18	56.69
	100m:	1:37.12	50.42	300m:	5:10.11	54.45	500m:	8:51.47	56.35	700m:	12:34.08	53.90
	150m:	2:28.91	51.79	350m:	6:05.29	55.18	550m:	9:48.47	57.00	750m:	13:28.43	54.35
	200m:	3:22.27	53.36	400m:	7:00.08	54.79	600m:	10:43.49	55.02	800m:	14:16.77	48.34
8.	ARENCIBIA QUINTANA, Jose Luis			74	C.N. Valleverde					18:25.70	63	
	50m:	56.84	56.84	250m:	5:30.29	1:10.62	450m:	10:16.33	1:11.43	650m:	14:58.79	1:10.60
	100m:	2:02.08	1:05.24	300m:	6:42.15	1:11.86	500m:	11:27.66	1:11.33	700m:	16:08.79	1:10.00
	150m:	3:10.39	1:08.31	350m:	7:53.28	1:11.13	550m:	12:37.55	1:09.89	750m:	17:17.77	1:08.98
	200m:	4:19.67	1:09.28	400m:	9:04.90	1:11.62	600m:	13:48.19	1:10.64	800m:	18:25.70	1:07.93

Prueba 2, 800m Libre

55+, Masc.

1.	SANTANA MIRANDA, Antonio Manuel 67				C.N. Metropole				10:41.95				323
	50m:	35.36	35.36	250m:	3:14.92	41.21	450m:	5:58.16	41.03	650m:	8:40.45	40.67	
	100m:	1:13.88	38.52	300m:	3:56.03	41.11	500m:	6:38.46	40.30	700m:	9:21.26	40.81	
	150m:	1:53.48	39.60	350m:	4:36.47	40.44	550m:	7:18.82	40.36	750m:	10:01.50	40.24	
	200m:	2:33.71	40.23	400m:	5:17.13	40.66	600m:	7:59.78	40.96	800m:	10:41.95	40.45	
2.	SANTANA SANTANA, Gustavo Adolfo 67				Club Deportivo Swim&Train Maspaloma				12:09.74				219
	50m:	41.78	41.78	250m:	3:47.14	47.08	450m:	6:53.92	46.22	650m:	9:57.75	46.70	
	100m:	1:27.42	45.64	300m:	4:34.31	47.17	500m:	7:39.65	45.73	700m:	10:43.78	46.03	
	150m:	2:13.45	46.03	350m:	5:21.01	46.70	550m:	8:25.30	45.65	750m:	11:28.87	45.09	
	200m:	3:00.06	46.61	400m:	6:07.70	46.69	600m:	9:11.05	45.75	800m:	12:09.74	40.87	
3.	RODRIGUEZ SUAREZ, Juan Pedro 67				C.N. Metropole				12:13.77				216
	50m:	38.44	38.44	250m:	3:37.73	46.78	450m:	6:46.76	47.48	650m:	9:55.14	46.91	
	100m:	1:20.43	41.99	300m:	4:24.78	47.05	500m:	7:33.88	47.12	700m:	10:41.66	46.52	
	150m:	2:05.02	44.59	350m:	5:12.13	47.35	550m:	8:21.65	47.77	750m:	11:28.44	46.78	
	200m:	2:50.95	45.93	400m:	5:59.28	47.15	600m:	9:08.23	46.58	800m:	12:13.77	45.33	
4.	CRESPO GARCIA, Alvaro 67				C.N. Valleverde				13:30.44				160
	50m:	42.20	42.20	250m:	4:03.85	51.78	450m:	7:32.15	52.04	650m:	10:58.79	52.22	
	100m:	1:30.33	48.13	300m:	4:55.77	51.92	500m:	8:23.96	51.81	700m:	11:50.99	52.20	
	150m:	2:20.30	49.97	350m:	5:48.13	52.36	550m:	9:15.19	51.23	750m:	12:42.82	51.83	
	200m:	3:12.07	51.77	400m:	6:40.11	51.98	600m:	10:06.57	51.38	800m:	13:30.44	47.62	

Baja PEREZ CABRERA, Elio 68 C.N. Aguacan

60+, Masc.

1.	MATEOS BATISTA, Francisco				62	C.N. Las Palmas				12:37.33	196	
	50m:	41.57	41.57	250m:	3:50.18	48.44	450m:	7:02.77	47.88	650m:	10:13.81	47.71
	100m:	1:26.48	44.91	300m:	4:38.18	48.00	500m:	7:50.48	47.71	700m:	11:02.20	48.39
	150m:	2:13.47	46.99	350m:	5:26.58	48.40	550m:	8:38.23	47.75	750m:	11:50.90	48.70
	200m:	3:01.74	48.27	400m:	6:14.89	48.31	600m:	9:26.10	47.87	800m:	12:37.33	46.43
2.	MARTIN LORENZO, Pablo				63	C.N. Metropole				15:14.96	111	
	50m:	46.75	46.75	250m:	4:33.76	56.99	450m:	8:30.07	59.43	650m:	12:24.19	56.47
	100m:	1:42.44	55.69	300m:	5:33.43	59.67	500m:	9:28.88	58.81	700m:	13:22.39	58.20
	150m:	2:38.72	56.28	350m:	6:32.57	59.14	550m:	10:28.96	1:00.08	750m:	14:19.84	57.45
	200m:	3:36.77	58.05	400m:	7:30.64	58.07	600m:	11:27.72	58.76	800m:	15:14.96	55.12

65+, Masc.

1.	QUESADA ORTEGA, Jose Ramon				60	C.N. Metropole				14:14.03	137	
	50m:	44.23	44.23	250m:	4:15.48	54.34	450m:	7:56.73	55.94	650m:	11:38.21	54.64
	100m:	1:34.81	50.58	300m:	5:09.80	54.32	500m:	8:52.46	55.73	700m:	12:32.53	54.32
	150m:	2:27.52	52.71	350m:	6:04.77	54.97	550m:	9:48.42	55.96	750m:	13:25.38	52.85
	200m:	3:21.14	53.62	400m:	7:00.79	56.02	600m:	10:43.57	55.15	800m:	14:14.03	48.65

70+, Masc.

1. RIVERO SANCHEZ, Sergio	54	Cn.Salinas Sta.Lucia	14:16.07	136			
50m: 47.48	47.48	250m: 4:21.63	54.28	450m: 8:02.07	55.09	650m: 11:41.55	54.41
100m: 1:39.41	51.93	300m: 5:16.53	54.90	500m: 8:57.06	54.99	700m: 12:35.66	54.11
150m: 2:32.59	53.18	350m: 6:12.00	55.47	550m: 9:52.01	54.95	750m: 13:29.54	53.88
200m: 3:27.35	54.76	400m: 7:06.98	54.98	600m: 10:47.14	55.13	800m: 14:16.07	46.53

Prueba 2, 800m Libre

75+, Masc.

1. RIERA MONTAL, Agustin			49	C. Tenerife Masters				14:16.12		136	
50m:	46.25	46.25	250m:	4:15.08	53.62	450m:	7:56.78	55.03	650m:	11:36.62	54.60
100m:	1:35.40	49.15	300m:	5:09.95	54.87	500m:	8:52.19	55.41	700m:	12:31.00	54.38
150m:	2:27.75	52.35	350m:	6:05.10	55.15	550m:	9:47.28	55.09	750m:	13:25.39	54.39
200m:	3:21.46	53.71	400m:	7:01.75	56.65	600m:	10:42.02	54.74	800m:	14:16.12	50.73

80+, Masc.

1. O SHANAHAN ROCA, Mauricio	42	C.N. Metropole	16:57.39	81		
50m: 56.99 56.99	250m: 5:11.90	1:04.06	450m: 9:31.23	1:05.43	650m: 13:50.64	1:05.56
100m: 1:59.60 1:02.61	300m: 6:16.50	1:04.60	500m: 10:35.57	1:04.34	700m: 14:55.39	1:04.75
150m: 3:03.54 1:03.94	350m: 7:21.05	1:04.55	550m: 11:39.94	1:04.37	750m: 15:58.09	1:02.70
200m: 4:07.84 1:04.30	400m: 8:25.80	1:04.75	600m: 12:45.08	1:05.14	800m: 16:57.39	59.30

20+, Fem.

1. ESPINEL ALEMAN, Nerea	03	C.D.N. Playuki	12:45.73	242		
50m: 39.37 39.37	250m: 3:45.72	47.71	450m: 7:01.63	49.66	650m: 10:20.97	50.91
100m: 1:23.67 44.30	300m: 4:33.71	47.99	500m: 7:50.28	48.65	700m: 11:11.10	50.13
150m: 2:10.17 46.50	350m: 5:22.38	48.67	550m: 8:40.06	49.78	750m: 12:00.90	49.80
200m: 2:58.01 47.84	400m: 6:11.97	49.59	600m: 9:30.06	50.00	800m: 12:45.73	44.83

25+, Fem.

1.	PULIDO MONZON, Laura				98	C.D. Jescagua				11:27.25	335	
	50m:	36.84	36.84	250m:	3:25.85	43.33	450m:	6:23.48	44.36	650m:	9:19.80	43.68
	100m:	1:17.85	41.01	300m:	4:09.74	43.89	500m:	7:07.91	44.43	700m:	10:03.75	43.95
	150m:	2:00.15	42.30	350m:	4:54.59	44.85	550m:	7:52.02	44.11	750m:	10:47.47	43.72
	200m:	2:42.52	42.37	400m:	5:39.12	44.53	600m:	8:36.12	44.10	800m:	11:27.25	39.78
2.	SANTANA CABRERA, Paula				98	C.N. Metropole				14:57.20	150	
	50m:	49.44	49.44	250m:	4:34.50	57.19	450m:	8:20.96	57.21	650m:	12:10.38	57.49
	100m:	1:45.07	55.63	300m:	5:32.12	57.62	500m:	9:17.62	56.66	700m:	13:08.41	58.03
	150m:	2:40.86	55.79	350m:	6:28.48	56.36	550m:	10:15.61	57.99	750m:	14:03.70	55.29
	200m:	3:37.31	56.45	400m:	7:23.75	55.27	600m:	11:12.89	57.28	800m:	14:57.20	53.50
3.	ARTELES DIEPA, Leticia				98	C.D.N. Playuki				18:07.96	84	
	50m:	59.54	59.54	250m:	5:31.34	1:08.81	450m:	10:13.34	1:11.96	650m:	14:45.93	1:09.38
	100m:	2:07.47	1:07.93	300m:	6:42.55	1:11.21	500m:	11:19.48	1:06.14	700m:	15:52.59	1:06.66
	150m:	3:13.14	1:05.67	350m:	7:52.10	1:09.55	550m:	12:28.56	1:09.08	750m:	17:02.63	1:10.04
	200m:	4:22.53	1:09.39	400m:	9:01.38	1:09.28	600m:	13:36.55	1:07.99	800m:	18:07.96	1:05.33

30+, Fem.

1.	SANTAELLA TERUEL, Marta				91	C. Tenerife Masters				11:49.34	304	
	50m:	38.20	38.20	250m:	3:35.05	45.11	450m:	6:36.70	45.47	650m:	9:37.87	44.78
	100m:	1:21.71	43.51	300m:	4:19.98	44.93	500m:	7:22.30	45.60	700m:	10:22.62	44.75
	150m:	2:05.66	43.95	350m:	5:04.92	44.94	550m:	8:07.85	45.55	750m:	11:07.32	44.70
	200m:	2:49.94	44.28	400m:	5:51.23	46.31	600m:	8:53.09	45.24	800m:	11:49.34	42.02

Prueba 2, 800m Libre

35+, Fem.

1. PEREZ GARCIA, Eva	90	C.N. Metropole	12:14.32	274
50m: 40.49 40.49	250m: 3:41.14 45.57	450m: 6:46.94 46.50	650m: 9:54.57 46.96	
100m: 1:24.52 44.03	300m: 4:27.35 46.21	500m: 7:33.35 46.41	700m: 10:41.76 47.19	
150m: 2:09.52 45.00	350m: 5:13.36 46.01	550m: 8:20.19 46.84	750m: 11:28.23 46.47	
200m: 2:55.57 46.05	400m: 6:00.44 47.08	600m: 9:07.61 47.42	800m: 12:14.32 46.09	
2. DIAZ PEREZ, Sara	90	C.N. Plataforma 3 Oceano	12:48.01	240
50m: 39.61 39.61	250m: 3:46.96 48.66	450m: 7:03.11 49.16	650m: 10:21.21 49.98	
100m: 1:23.78 44.17	300m: 4:35.79 48.83	500m: 7:52.19 49.08	700m: 11:11.01 49.80	
150m: 2:10.38 46.60	350m: 5:24.94 49.15	550m: 8:41.54 49.35	750m: 12:00.48 49.47	
200m: 2:58.30 47.92	400m: 6:13.95 49.01	600m: 9:31.23 49.69	800m: 12:48.01 47.53	
3. FEIJOO COSGAYA, Veronica	90	Club Deportivo Teimar	16:24.91	113
50m: 53.24 53.24	250m: 4:57.98 1:02.98	450m: 9:10.00 1:03.37	650m: 13:19.18 1:01.98	
100m: 1:52.30 59.06	300m: 6:01.17 1:03.19	500m: 10:13.85 1:03.85	700m: 14:21.30 1:02.12	
150m: 2:53.31 1:01.01	350m: 7:04.13 1:02.96	550m: 11:15.99 1:02.14	750m: 15:25.65 1:04.35	
200m: 3:55.00 1:01.69	400m: 8:06.63 1:02.50	600m: 12:17.20 1:01.21	800m: 16:24.91 59.26	

40+, Fem.

1. CARBALLO RODRIGUEZ, Eloina	81	Club Deportivo Teimar	16:12.87	118
50m: 54.55 54.55	250m: 4:59.49 1:04.12	450m: 9:08.11 1:02.92	650m: 13:15.03 1:00.93	
100m: 1:53.24 58.69	300m: 6:01.08 1:01.59	500m: 10:10.63 1:02.52	700m: 14:15.04 1:00.01	
150m: 2:54.09 1:00.85	350m: 7:02.77 1:01.69	550m: 11:12.51 1:01.88	750m: 15:16.55 1:01.51	
200m: 3:55.37 1:01.28	400m: 8:05.19 1:02.42	600m: 12:14.10 1:01.59	800m: 16:12.87 56.32	

50+, Fem.

1. BENAVENTE VELASCO, Sandra	73	Club Deportivo Teimar	14:50.98	153
50m: 48.17 48.17	250m: 4:29.14 58.13	450m: 8:20.50 57.34	650m: 12:08.72 57.05	
100m: 1:40.38 52.21	300m: 5:27.39 58.25	500m: 9:17.81 57.31	700m: 13:05.52 56.80	
150m: 2:35.22 54.84	350m: 6:24.95 57.56	550m: 10:14.93 57.12	750m: 14:01.80 56.28	
200m: 3:31.01 55.79	400m: 7:23.16 58.21	600m: 11:11.67 56.74	800m: 14:50.98 49.18	
2. CORROTO LOPEZ, Elvira	75	C.D. Belen Maria	14:56.19	151
50m: 49.18 49.18	250m: 4:36.20 57.89	450m: 8:27.69 58.25	650m: 12:16.20 56.40	
100m: 1:42.01 52.83	300m: 5:34.11 57.91	500m: 9:25.74 58.05	700m: 13:12.33 56.13	
150m: 2:39.45 57.44	350m: 6:31.74 57.63	550m: 10:22.68 56.94	750m: 14:06.49 54.16	
200m: 3:38.31 58.86	400m: 7:29.44 57.70	600m: 11:19.80 57.12	800m: 14:56.19 49.70	
3. GUILLEN GARCIA, Maria Delia	71	C.N. Las Palmas	14:59.44	149
50m: 47.51 47.51	250m: 4:31.45 56.61	450m: 8:20.99 57.85	650m: 12:10.43 57.63	
100m: 1:41.65 54.14	300m: 5:28.05 56.60	500m: 9:18.39 57.40	700m: 13:08.75 58.32	
150m: 2:38.09 56.44	350m: 6:26.14 58.09	550m: 10:15.88 57.49	750m: 14:06.81 58.06	
200m: 3:34.84 56.75	400m: 7:23.14 57.00	600m: 11:12.80 56.92	800m: 14:59.44 52.63	

NP MORALES LOZANO, Gloria 72 C.D. Jescagua

55+, Fem.

1. PADRÓN PEÑA, Pilar	68	C. Tenerife Masters	13:21.42	211
50m: 42.67 42.67	250m: 4:00.32 51.06	450m: 7:26.16 51.65	650m: 10:51.89 51.02	
100m: 1:29.28 46.61	300m: 4:51.23 50.91	500m: 8:17.90 51.74	700m: 11:42.90 51.01	
150m: 2:18.87 49.59	350m: 5:42.53 51.30	550m: 9:09.63 51.73	750m: 12:32.58 49.68	
200m: 3:09.26 50.39	400m: 6:34.51 51.98	600m: 10:00.87 51.24	800m: 13:21.42 48.84	

Prueba 2, Fem., 800m Libre, 55+

Clasificación	AN								Tiempo		Pts	
2.	GONZALEZ RODRIGUEZ, Mercedes				67	C. Tenerife Masters				13:56.41	185	
	50m:	45.71	45.71	250m:	4:09.62	51.88	450m:	7:38.85	51.96	650m:	11:11.18	53.62
	100m:	1:35.39	49.68	300m:	5:02.46	52.84	500m:	8:31.08	52.23	700m:	12:06.13	54.95
	150m:	2:26.50	51.11	350m:	5:54.28	51.82	550m:	9:24.42	53.34	750m:	13:01.61	55.48
	200m:	3:17.74	51.24	400m:	6:46.89	52.61	600m:	10:17.56	53.14	800m:	13:56.41	54.80
3.	PEREZ SANTANA, Aranzazu				66	C.N. Valleverde				15:14.44	142	
	50m:	52.20	52.20	250m:	4:43.89	58.78	450m:	8:35.78	57.42	650m:	12:25.81	57.07
	100m:	1:48.48	56.28	300m:	5:42.65	58.76	500m:	9:33.48	57.70	700m:	13:23.18	57.37
	150m:	2:46.64	58.16	350m:	6:40.65	58.00	550m:	10:31.36	57.88	750m:	14:20.18	57.00
	200m:	3:45.11	58.47	400m:	7:38.36	57.71	600m:	11:28.74	57.38	800m:	15:14.44	54.26
4.	MEDINA IBAÑEZ, Ana				68	C. Tenerife Masters				15:29.64	135	
	50m:	50.78	50.78	250m:	4:47.25	59.87	450m:	8:44.64	59.85	650m:	12:39.22	59.09
	100m:	1:48.22	57.44	300m:	5:46.52	59.27	500m:	9:43.88	59.24	700m:	13:38.51	59.29
	150m:	2:47.32	59.10	350m:	6:45.77	59.25	550m:	10:41.97	58.09	750m:	14:36.36	57.85
	200m:	3:47.38	1:00.06	400m:	7:44.79	59.02	600m:	11:40.13	58.16	800m:	15:29.64	53.28
5.	OJEDA QUINTANA, Gloria Esther				69	C.D.N. Playuki				16:11.44	118	
	50m:	53.90	53.90	250m:	4:54.86	1:01.03	450m:	9:01.02	1:01.68	650m:	13:07.83	1:01.79
	100m:	1:51.81	57.91	300m:	5:56.59	1:01.73	500m:	10:02.57	1:01.55	700m:	14:09.07	1:01.24
	150m:	2:51.97	1:00.16	350m:	6:58.55	1:01.96	550m:	11:04.65	1:02.08	750m:	15:10.93	1:01.86
	200m:	3:53.83	1:01.86	400m:	7:59.34	1:00.79	600m:	12:06.04	1:01.39	800m:	16:11.44	1:00.51

65+, Fem.

1. BAEZ CEJAS, Maria Mercedes	60	C. Tenerife Masters								14:12.21	175
50m:	47.81	47.81	250m:	4:24.53	54.39	450m:	8:00.31	53.15	650m:	11:35.80	54.08
100m:	1:41.19	53.38	300m:	5:18.67	54.14	500m:	8:53.86	53.55	700m:	12:29.29	53.49
150m:	2:36.14	54.95	350m:	6:12.45	53.78	550m:	9:47.97	54.11	750m:	13:22.93	53.64
200m:	3:30.14	54.00	400m:	7:07.16	54.71	600m:	10:41.72	53.75	800m:	14:12.21	49.28